

Trail Difficulty Rating

Easiest Easy More Difficult Very Difficult Extremely Difficult

### Saugatuck Dunes State Park\*

#### North Trail

This trail starts out by passing a small pond and then offers two loop options. The inner loop consists of mostly packed sand in beautiful, wooded areas with tall pine trees. The outer loop offers wide open vistas, rolling dunes, and soft sand. The northeast section of the outer loop becomes steep, making it great for a more rigorous hike. Access both loops from the far north side of the State Park parking area.

2 mile loop



#### Beach Trail

This is the shortest and busiest of the four trails, offering the most direct access to the beach. Mostly packed sand, this trail begins somewhat steep but is the best trail for beginner hikers and those who want to watch the sunset. Access from the south side of the State Park parking area.

1.2 mile loop



#### Livingston Trail

This trail is the easiest route to the beach but involves some up and down hiking over several rolling hills. Heavily wooded, this trail is a great option for hotter days due to the dense shade. Access from Shore Acres Township Park lot, the far southwest corner near the white parking pylons. Enter the trail, take the immediate right, and follow the red signs. You can walk to the shore on this trail, follow the beach, and then walk back on a different path.

0.9 miles



#### South Trail

The longest of the four trails, this passes through the Patty Birkholtz Natural Area. Bring plenty of water as this is a rigorous hike involving a good deal of hiking up and down small hills with a lot of soft sand. A less crowded option due to length and degree of difficulty, this trail is also heavily wooded, making it ideal for hotter days. Access similarly to the Livingston Trail, but follow blue signs. On the dune climb on the inner loop, follow the wood posts to remain on the trail through the cut forest.

5.2 mile loop



\* State park permit or day-use fee required.



# Leave No Trace

Six principles for respecting nature while hiking.

## 1 Know Before You Go

Learn the rules, know the route, and bring a map. Prepare for the weather and bring drinking water.

## 2 Stick to the Trail

Preserve the ecosystem: follow designated trails.

## 3 Trash Your Trash

Carry out all trash and all leftover food. Use toilet facilities, not bushes. Clean up after pets.

## 4 Leave It as You Found It

Leave plants, rocks, and historic items alone. Don't put soap, waste, or trash in lakes or streams.

## 5 Keep Wildlife Wild

Do not follow, approach, or feed wildlife. Control your pet (leash if required) or leave it at home.

## 6 Respect Other People

If you take a break, step to the side of the trail. Avoid making loud noises and only use headphones when listening to music.

# Hiking Trails Map

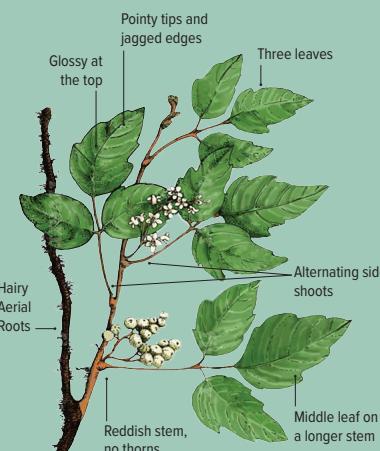
Greater  
Saugatuck/  
Douglas area

## Trail Smarts

To get the most enjoyment out of your hike, be sure to steer clear of the following:

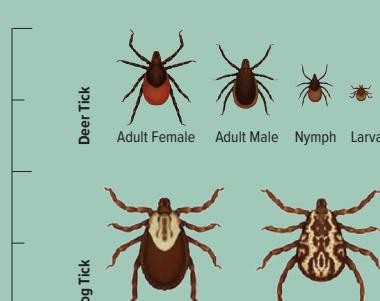
### Poison Ivy

The best way to deal with poison ivy is to never let it touch you in the first place. Poison ivy can grow as a shrub or wind its way up trees. Look for a leaf arrangement of three, with one larger leaf on the end and two smaller leaves flanking it. Wear long pants and long sleeves while hiking to prevent exposure to skin. If you do come in contact with poison ivy, wash exposed skin with dish soap and plenty of cool water as soon as possible.



### Deer & Dog Ticks

Deer ticks can carry the bacteria that causes Lyme disease. Wearing long sleeves, long pants, and bug repellent are the best ways to ward off ticks. Be sure to check your clothing and your body during and after a hike for any ticks. For the best tips on tick removal, please visit [cdc.gov/lyme/removal](http://cdc.gov/lyme/removal).



TRI-COMMUNITY  
TRAIL MASTER PLAN



Radar Hill  
Hiking Club

Produced by: Saugatuck/Douglas Area Convention and Visitors Bureau

269.857.1701 | [www.saugatuck.com](http://www.saugatuck.com)

Design by: Concept A Creative Studio

Research/Content by: Chris Clark

With your smartphone camera, scan the QR code at left to see a list of trails with descriptions, photos, maps, and links to the Hiking Project.





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